

EYE TREATMENTS

EYEBROW WAX	£10
EYEBROW WAX AND TINT*	£15
EYELASH TINT*	£15
EYE TRIO*	£25
EYELASH TINT, EYEBROW WAX & TINT	
HD BROWS*	£25

*THESE TREATMENTS REQUIRE A PATCH TEST 24 HOURS PRIOR TO TREATMENT

SEMI PERMANENT LASHES

FULL SET*	£60
HALF SET*	£45
LASH INFILL	£25
LASH REMOVAL	POA

*THESE TREATMENTS REQUIRE A PATCH TEST 24 HOURS PRIOR TO TREATMENT

RUSSIAN LASHES

FULL SET*	£80
HALF SET*	£60
LASH INFILL	£50
LASH REMOVAL	POA

*THESE TREATMENTS REQUIRE A PATCH TEST 24 HOURS PRIOR TO TREATMENT

LVL LASHES*	£45
WEEKEND LASHES	£15

*THIS TREATMENT REQUIRES A PATCH TEST 24 HOURS PRIOR TO TREATMENT

MICROBLADING

FULL PROCEDURE	£250
9-12 MONTH REFRESH	£150

Microblading is the manual process of introducing semi-permanent makeup, in the form of coloured pigments, to mimic hair on the eye brows. The design is waterproof, smudge proof and looks completely natural. With this technique we are able to achieve fullness and shape by mimicking hair where no hair existed previously.

Results last up to 18 months after which time the pigment fades leaving the skin.

MAKE-UP

OCCASION MAKE-UP	£30
WEDDING MAKE-UP INCLUDING A TRIAL	£80
WEDDING PACKAGES AVAILABLE	POA

NAIL TREATMENTS JESSICA OR OPI

JESSICA MANICURE	£20
JESSICA DELUXE MANICURE	£35
JESSICA PEDICURE	£20
JESSICA DELUXE PEDICURE	£35
FILE AND POLISH	£10
GEL COLOUR APPLICATION HANDS OR FEET	£25
GEL COLOUR APPLICATION HANDS AND FEET	£40
GEL REMOVAL	£10
NO CHARGE IF GELS ARE REAPPLIED AT THE SAME APPOINTMENT TIME AS REMOVAL	

HAIR REMOVAL

WAXING	
½ LEG WAX	£20
FULL LEG WAX	£25
BIKINI LINE WAX	£10
UNDER ARM WAX	£10
FULL LEG, BIKINI AND UNDER ARM WAX	£35
ARM WAX	£15
BACK OR CHEST WAX	£20
LIP OR CHIN WAX	£10
EYEBROW WAX	£10
INTIMATE WAXING USING HOT WAX	from £30
ELECTROLYSIS 15 minutes	£20
ELECTROLYSIS 30 minutes	£30

TO BOOK

t:01462 835 538

@the rooms

61 high street, stotfold, herfordshire SG5 4LD
www.therooms.co.uk
infotherooms@icloud.com

treatment menu

@the rooms

ELEMIS

ADVANCED ANTI-AGEING FACIALS	
PRO-DEFINITION LIFT AND CONTOUR	£75
Powerful lifting technique targeting the cheeks, chin and neck for the ultimate lift effect 70 minutes	
VISIBLE BRILLIANCE FACIAL	£75
For ageing, stressed and slackened skin 70 minutes	
DYNAMIC RESURFACING PRECISION PEEL	£75
For ageing and scarred skin 70 minutes	
PRO-COLLAGEN AGE DEFY	£75
Rejuvenation for tired, lined skin 70 minutes	
ABSOLUTE SPA RITUAL	£95
Full Body Deep Tissue Massage plus any ELEMIS facial above 115 minutes	
SKIN SPECIFICS FACIALS	
FRUIT ACTIVE GLOW FACIAL	£50
For dull, lifeless skin 55 minutes	
EXOTIC MOISTURE DEW FACIAL	£50
For dry skin 55 minutes	
HERBAL LAVENDER REPAIR FACIAL	£50
For combination and oily skin 55 minutes	
SOTHYS	
COLLAGEN HYALURONIC ANTI-AGEING	£70
An intense anti-ageing treatment 75 minutes	
THE ESSENTIAL FACIAL	£55
Prescription treatment, suitable for all skin types 60 minutes	
SOOTHING PROFESSIONAL TREATMENT	£55
Soothes and calms sensitive skin 60 minutes	
BRIGHTENING PROGRAMME	£60
Rebalance your skins natural colour and tone 25 minutes	
HYDRA INTENSIVE TREATMENT	£70
Anti-ageing formula which hydrates dry and dehydrated skin 75 minutes	
RESURFACING PEELING TREATMENT	£55
Balances appearance of uneven skin tones 60 minutes	
HIGH PROTECTION EYE TREATMENT	£45
Rejuvenates tired eyes and reduces dark circles 55 minutes	
ONLY £20 WHEN ADDED TO ANY SOTHYS FACIAL TREATMENT	

DERMALOGICA

DERMALOGICA EXPRESS FACIAL	£25
A high impact treatment to target a specific concern. This is a firm favourite with those who have minimal time and is great value for money 30 minutes	
DERMALOGICA SKINSOLVER FACIAL	£10
This treatment is your ticket to glowing skin in a flash. Ideal if you are new to skin treatments, need a skin pick me up or prior to a special event 10 minutes	
DERMALOGICA PRESCRIPTIVE FACIAL	£60
This advanced Dermalogica treatment is customised to your skin's needs based on consultation and thorough zone by zone facemapping skin analysis making it one treatment that's different every time. We will choose from a Dermalogica AGEsmart, UltraCalming, Medibac Clearing, to create the ultimate skin treatment 55 minutes	
DERMALOGICA FACE MAPPING	FREE
This in depth complimentary skin analysis, coupled with discussion on your key concerns, will give you incredible personal insight into why your skin is the way it is 5 minutes	
CRYSTAL CLEAR FACIALS	
CRYSTAL CLEAR MICRODERMABRASION FACIAL	£35
CRYSTAL CLEAR ANTI-AGEING FACIAL	£50
CACI NON SURGICAL SOLUTIONS	
CACI SUPER ULTIMATE ANTI-AGEING FACIAL	£85
Leaves skin feeling smoother, lifted and hydrated - includes microdermabrasion, LED light therapy and hydratone gel mask 85 minutes	
CACI CRYSTAL FREE MICRODERMABRASION	£55
Deep exfoliation to treat fine lines and wrinkles, sun damage, acne scarring and stretch marks 60 minutes	
CACI ULTIMATE NON-SURGICAL FACELIFT	£55
Tightens and tones facial muscles whilst smoothing the appearance of lines and wrinkles 60 minutes	
ALL CACI FACIALS ARE RECOMMENDED IN COURSES OF 10, FOLLOWED BY MONTHLY MAINTENANCE	
PLEASE NOTE: FOR CACI, A-LIFT AND DERMATUDE TREATMENTS, A COURSE IS HIGHLY RECOMMENDED FOR EFFECTIVE AND LASTING RESULTS. PRICE ON APPLICATION.	

ELEMIS BODY

EXOTIC LIME AND GINGER SCRUB	£45
Intense cleansing salt scrub with lime and ginger/frangipani	

DERMATUDE META THERAPY

(MICRO-NEEDLING TREATMENT)	
A unique skin rejuvenation technique to slow down signs of ageing, rejuvenate, hydrate and restore skin youthfulness. 100% natural. This treatment has outstanding results and promotes healing and natural collagen production with minimal downtime Perfect for treating fine lines, wrinkles, acne scars, stretch marks, surgical/trauma scars and pigmentation	
STARTING AT £80 (PRICE ON CONSULTATION)	

TANNING

FULL BODY SPRAY TAN	£20
TAN FOR A TENNER THURSDAYS ONLY	£10

MASSAGE & HOLISTIC

SWEDISH FULL BODY MASSAGE	£45
55 minutes	
SWEDISH BACK MASSAGE	£30
25 minutes	
DEEP TISSUE FULL BODY MASSAGE	£50
55 minutes	
DEEP TISSUE BACK MASSAGE	£35
25 minutes	
AROMATHERAPY FULL BODY MASSAGE	£55
55 minutes	
AROMATHERAPY BACK MASSAGE	£40
25 minutes	
REMEDIAL MASSAGE	£60
55 minutes	
INDIAN HEAD MASSAGE	£40
40 minutes	
REFLEXOLOGY	£40
55 minutes	
REIKI	£50
55 minutes	
PREGNANCY MASSAGE AVAILABLE	POA
PLEASE ASK FOR ADVICE	
HOPI EAR TREATMENT	£40
40 minutes	